



# THE ULTIMATE GUIDE TO INVISALIGN ALIGNERS - Everything You Need to Know



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# 1. What is Invisalign?

Invisalign is the most advanced clear aligner system in the world, proven by over 17 million satisfied smiles.

Invisalign offers a discreet method for straightening teeth using a groundbreaking approach. Utilizing custom-made clear aligners with advanced SmartForce features, this system gently and progressively guides teeth into their desired position and provides virtually invisible treatment.



## 2. Invisalign vs. Traditional Braces

### Invisalign System



- Clear aligners are virtually invisible
- Comfortable for daily lifestyle
- Removable and easy to maintain oral hygiene
- Eat whatever you want

**VS**

### Traditional Braces



- Visible
- Uncomfortable metal wires
- More difficult to maintain oral hygiene
- Food restrictions

### 3. Can Invisalign Treatment Work for You?

Invisalign clear aligners are effective in addressing various teeth straightening concerns, ultimately delivering a beautifully even smile you'll be proud to show off. Below are common dental issues Invisalign aligners can treat. To ascertain suitability for Invisalign treatment, consult your dental provider.

#### Cross bites

Cross bites occur from misalignment in both the upper and lower jaws, leading to one or more upper teeth biting on the inner side of the lower teeth. This misalignment can occur in the front or sides of the mouth.

#### Crowded teeth

Crowded teeth occur when there is insufficient space in the jaw for teeth to fit properly, resulting in teeth bunching up, overlapping, and twisting. This can lead to teeth being pushed either forward or backward.



## Under bites

Under bites develop when the lower teeth extend beyond the front teeth, often due to insufficient growth of the upper jaw and excessive growth of the lower jaw, or a combination of both factors.

## Gapped teeth

Gapped teeth occur when there is extra space within your jaw.

## Deep bites

Deep bites happen when the upper teeth significantly overlap the lower teeth.



## 4. Benefits of Choosing Invisalign Treatment



### **Removable**

With Invisalign clear aligners, maintaining oral hygiene is simpler as they are removable, allowing for easier brushing and flossing during treatment. Craving a snack? Since the Invisalign clear aligners are easily removable, you can eat your favorite food, chew, and drink without constraints.



### **Nearly Invisible**

You can notice visible improvements in your smile with Invisalign treatment as early as the first month. With Invisalign clear aligners. You can attend functions and events with confidence. They are virtually invisible; nobody would notice you're having your teeth straightened.



### **Comfortable**

Achieve straighter teeth more comfortably and predictably, with the innovative SmartStage® and SmartForce® technologies offered by Invisalign clear aligners. With appointments required only every 6-8 weeks, Invisalign treatment seamlessly fits into your busy schedule, allowing you to prioritize the activities you enjoy most.

## 5. How Does The Invisalign Treatment Process Work?

- 01** Find out if Invisalign treatment is the perfect fit for you during your first consultation with your dental provider.
- 02** Your doctor uses Align Technology's exclusive software to craft a personalized 3D treatment plan tailored to your specific dental records.
- 03** Following that, your aligners will be tailored specifically to you and delivered to your dentist's office.
- 04** Your custom-made set of aligners will be provided to you, to be worn daily and changed every two weeks for optimal results.
- 05** You will have regular check-ups every 6-8 weeks to track and monitor the progress of your treatment.
- 06** Congratulations! You have completed your Invisalign treatment journey! Now, keep your beautiful new smile shining bright with the help of retainers.



## 6. How Much Does Invisalign Treatment Cost?

The exact cost of your Invisalign treatment will be determined by:

- ▶ The complexity of your case
- ▶ How long you are in treatment
- ▶ The Invisalign provider you choose for treatment

To get a precise estimate for your Invisalign treatment expenses, schedule a consultation with Dr. Sidharth Shah.



# 7. What to Expect During Your First Visit

Your first orthodontist visit is the beginning of your journey to a healthier, more confident smile. Here's a quick overview of what to expect:

## Consultation

Your orthodontist will discuss your dental history and any issues (like crowding or gaps) to understand your unique needs.

## Examination

A thorough exam may include X-rays or digital scans to get a complete view of your teeth, jaw, and bite.

## Treatment Plan

Based on your exam, Dr. Sidharth Shah will recommend the best treatment, including traditional braces or custom-made Invisalign aligners. As a top Diamond Invisalign provider in Mumbai, he ensures excellent results.



## Costs and Timeline

You'll be informed of the estimated duration, costs, and payment options so you know what to expect.

## Next Steps

If you decide on Invisalign, impressions or scans will be taken to create your aligners. Regular follow-ups will track your progress and make necessary adjustments





**5,000+**

Braces Patients



**800+**

Invisalign Patients



**1,000+**

Aligner Cases



**40+**

Consulting Clinics



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